



2016-17 Refereeing With A "PLAN"

- 1) Relax: Trust Your Plan & Training
- 2) Know Mechanics & Rules
- 3) Develop & Maintaining Good Habits

Positioning

Lead/ Mirror the Ball, 45 Degree Angle
Look For A **Reason To Rotate**, Outside-In on Post Play
Don't Rotate During Immediate Shot, Drive or Skip Pass
Be **Slow** in Lead, Were Wired to Be Fast
Find **Secondary Defenders** Immediately During Penetration To Rim
Center/Free Throw Line Extended =Good Starting Position
Obtain & Maintain Open Looks, Two Step Adjustments
Know How **Spins, Curls & Pivots** Change Coverage
Stay Parallel to Sideline As Center
Trail/ 45 Degree Angle, Trail Play & Stay Behind Ball While Working Towards 28 Foot Line
See On Ball & as Many of Other 8 Players
Stay Engaged to Plays Going to Rim, Diagonal Drives, Weight Going Forward

Play-Calling

Referee The Defense, Call The Obvious, Do Not Guess, Stay in Your Primary, Trust Your Partners, Create Consistency Amongst Crew, Primary Focus/Secondary Awareness
Own Your Primary! Secondary Whistle = **STRIKE!** Must Be Open and 100%
Black/White vs. Grey Area Plays, This Separates Your Play-Calling Ability
Stay **AWAY** from **LANDMINES: Marginal Plays on Impact Players**, Marginal Plays **Key Points in Game**, Marginal Plays in **Lopsided Scenarios**, Marginal Plays **Coming out of Primary**, Marginal Plays with High Impact Will Always Have Push-Back!
Have a More **Immediate Whistle** Above Free-Throw Line, Freedom of Movement Plays
Have a More **Patient Whistle** Below Free-Throw Line, Start-Develop-Finish
Be **Slow** on Rebounding Plays, Possession Consequence and/or Clean-Up
Be **Slow** Around Boundary Lines, Foul vs. Marginal vs. Out of Bounds, Lots of Choices!
Screening Action, **Two Teammates in Motion**= Awareness Goes Up
Traveling, Find Pivot Foot Early, **Player in Space/Defender Closing**= Awareness Goes Up
Jump-Shooters, There is **NO Marginal Contact**, Find Point of Contact
Take Care of Perimeter & Off Ball Freedom of Movement Plays, **Avoid Marginal And 1's!**
Have the Will Not To Give Into the Pressure of The Actions of The Offensive Player
Restricted Area= **Team Officiating**, Always Referee RA & Feet Up, **Find Feet First**
Never Allow Lower Body Re-Routes & Swim Moves in Post, **Identify First Illegal Action**
Post/Re-Post, The Re-Post is Always More Aggressive, **Who Initiates?**
Recognize **Big/Small** Match-Ups So Your Not Surprised
Trust Your Ability, Know the Difference of **Decision vs. Reaction**, Do Not Overreact!

Clock Management

Total Clock Awareness, Game Clock, Shot Clock, Every Possession
Always Have an **Opinion on Clock Plays**, Separates You!
Continually **Sneak a Peak** Throughout Possession, All Three Positions on Floor
Continually **Self Talk** in Regard to the Status of Shot Clock
Referee the Shot Clock as if **There is No Horn**, Your Whistle is the Horn
The Shot Clock **Gives Us Clues** Throughout Possession, Knowing Helps Prepare
Feel for the Game Regarding Clock, Time-Outs, Throw-Ins, End of Game
Shot Clock, **Under 8** = Nothing Cheap Off-Ball, **Under 4** = Nothing Cheap Anywhere

Game Management

When Someone **Breaks Your Concentration**, Address Right Away
Be **Consistent** on Respect for the Game, Penalizing
Overt Reactions Towards Officials Cannot Be Ignored
Know the **Rule Book**, So You Can Penalize
Run the Game, Be a Leader, Professional, Positive Model for Others
Always **Bring Information** to Help the Game!
Understand **Game Situations** to Avoid Flash Points
Technical Fouls Should Be Used to Diffuse, Not Enhance Situation

Communication

Communication with **Partners, Coaches, Players** is Crucial For Success
Communication with **Coaches**, You Don't Have to Win, or Have Last Word
You May **Selectively Hear**, But it is Difficult to Selectively See
Everyone Must Have a Chance to Communicate
Avoid Defensive, Argumentative, Disrespectful, Arrogant, Unapproachable
Body Language/Non Verbal, Most Common, Active Listening, Facial Expressions
Ask **Questions to Diffuse Situations**, Did You Think That Was a Foul?
Use **Verbal Deflectors**, "I Hear You, But", "I Know Your Upset, But"
Give **Options vs. Threats**, Ask For Compliance
Avoid **Chasing Statements**, Have Strategy to Control Conversation
Pick & Choose **Opportunities to Communicate**
Listen First, **Find** the Issue, Bring it To an **End**, Do Not Seek **Closure**, Goal is to Get to the **Next Play**
Practice, Role Play, Trial & Error
Communicate with **3 P's**, Personality, Projection, Presence
Infuse Your Personality, Humor, Humility, Honesty, Diversion, Simplicity
People Pay **More Attention to What You Do** Then What You Say

Mental Approach

"Referee Forward" Get to the Next Play
Focus on the **Process**, Not Results or Outcome, Stick to the Plan
Process/Results **Don't Always Match** = Lag Effect Between Work and Results
Mastery Approach= **More Enjoyment, Regardless of Results**
Ego Approach= **Less Enjoyment, Regardless of Results**
Confidence to Survive, **Control What You Can Control!**
Mistake Recovery Strategy, **Delete & Reset** Mechanism
Mental Imagery, **Visualize Success**, Visualize Plays/Mechanics/Coaches
If Your Not **Making Mistakes**, Then Your Not Doing Anything
Learning to **Be Comfortable** in an Uncomfortable Environment
Don't Allow the Pressure to **Exceed the Pleasure**
Positive **Self Talk**, "I'm A Great Referee in the Last 5 Minutes"

Partnering

Your Either a **Good Teammate** or Your Not, You Decide
Do You **Celebrate** others Success or Failures?
The Game, My Crew, Myself in **That Order**
Set Example For All Referees, **Wear Uniform With Pride**, Make A Difference
If You **Get to The Trophy**, and **Lose Everything Else**, Is It Worth It?
More Success = **More Humility**
Find a Mentor, **Be** a Mentor